

The Parishscope

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Pat McLaughlin, Editor

FELICITATIONS



Yes, it's that time again. The time for New Year's resolutions – which usually mean trying to deprive ourselves of some indulgence (like chocolate or computer games) and then fixating on it that so much we

give in probably soon than we might had we not become so obsessed with the lack of it. Our attempts at deprivation typically lead to obsession which leads to giving in, which leads to guilt, which leads to low self-esteem, which leads to ... well, you get the idea. It's no fun to be caught up in these webs of self-loathing, because they don't do us or the world any good.

So please consider refashioning New Year's Resolutions into things you *take* up, rather than *give* up. Have you considered taking up knitting with the Knitting Ministry – it's great fun, good fellowship, and a wonderful service to those grieving. Or how about taking up writing one letter a week to someone you haven't seen in awhile? Or, if you want to consider taking up a new exercise regime that's great fun and also community-building, please join the folks that are learning ballroom and other types of dancing with Michael on Thursday nights. You probably have no idea how much fun people are having! (And if you haven't told friends and neighbors about the dance and drama classes, our men's and women's fellowship evenings and the Knitting Ministry, they are also missing out on a wonderful opportunity.)

Unfortunately, the last few months have hit the congregation hard, with a number of people dying unexpectedly. So one of your New Year's resolutions might be to meet with me or another close friend or relative and write up a plan for your memorial service and other important legal and health matters. It would be a blessing for your loved ones to have your wishes clearly known. And consider also having a special "service" (perhaps in your home or the social hall

rather than the sanctuary) where we can "memorialize" you while you are still alive and well enough to enjoy it (and for us to share how much we love you). A special birthday or anniversary can easily be augmented to include a time for reflections and remembrances.

Whatever you do this New Year, please remember that it is all about *life*. Life means trying something new and stretching ourselves in new ways. If you're a visual type, spend more time closing your eyes and just listening. If you're an avid TV watcher, spend more time reading. If you're a left-brain type, take on activities that stretch your right brain (or vice versa). Stretch and grow so that you may encounter life in new ways. Remember God's message to the Hebrew people:

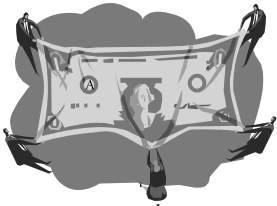
See, I have set before you today life and prosperity, death and adversity. If you obey the commandments of the Lord your God that I am commanding you today, by loving the Lord your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the Lord your God will bless you in the land that you are entering to possess. I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. **Choose life!** (Deuteronomy 30).

I wish you all of the blessings of God and the energy of the Holy Spirit as you find new ways to celebrate life in all its diversity during 2007.



New Year's Breakfast

The Deacon's breakfast is on January 7, 2007 in place of our regular worship. The meal will be a simple continental breakfast, with thanksgiving and friendship as main ingredients. All are welcome.



2007 Budget

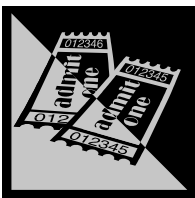
A preliminary budget will be created and then the Congregation will have an opportunity to provide input at a Spectrum scheduled for January 14th, 2007, right after church. The Annual Meeting will be January 28th.



Women's Fellowship Program for January 11th

Shirlee Bromley

A reminder that James Campbell, a retired physician from San Francisco and a distant cousin of Ellen Webster's, will give a presentation on the Myers Briggs Personality Indicator at the Women's Fellowship meeting on Thursday, January 11th. Many of you may be familiar with the Myers Briggs, others not, either way it will be a fun and informative evening. We'll gather for a potluck at 6:30 PM followed by the program. Invite your friends and come for a great evening together. In February, Dr. Campbell will give a follow up program that will include an introduction to the Enneagram. The Enneagram is an ancient spiritual tool that helps to identify and explain various personality traits and preoccupations. One of its positive teachings is that we are not wrong for being different from one another! You won't want to miss this program that will be held on February 8th.



Mini Concert Series - Spring 2007

8:00pm - Friday Nights

February 8 Alam Kahn

Indian Music-Sarod and tabla

March 9 Trillium

Celtic, World, Classical Music, Harp, Recorder

April 13 Backboard Pickers

Bluegrass Music Guitar, Violin, Piano

May 11 Bobby Ingrams Returns

Pianist with wit & soul

June 8 Bay Area Classical Harmonies

(B.A.C.H) - Andrew Chung conducting

Children under 12 are \$2.00

Adult admission \$12.00 - \$15.00

SERIES: All 5 concerts \$50.00 (up to Feb. 9)



Arts Education New Year's Resolutions

Michael Mansfield

Winter Tuesday Nights

Acting and Vocal Training Classes

January 9, 16, 23, 30 - 7:30-9 PM

All levels of experience welcome.

Winter Thursday Nights

Acting and Voice Classes for Young People (9-14)

Jan 11, 18, 25 - 5:30-7 PM

No previous experience necessary.

Winter Thursday Nights at ACC

Ballroom Instruction and Circle Dances for Peace

Jan 11, 18, 25 - 7:30-9 PM

No previous experience necessary.

We are anticipating up to three productions in the Spring and Summer, as well as continued integration of our training into the worship life of our community. Evenings of liturgical training/development will probably be woven into the Lenten Season to help us prepare for An Easter Peace: The Celebration of Life. The young people may continue their Aesop's Fables of Peace Project or move on to The Brothers' Grimm Fairy Tales of Peace Project. We have begun talk about the musical PIPPIN for late Spring/early Summer. And the dates for Peace Child: The Rest of the Story are currently scheduled for Summer Camp at Arlington Community Church for the two weeks of August 13-25, with shows the night of August 24 and/or 25.



ACC Saints

Besides singing in the choir and acting as soloist, Thomas Duden is skillful with electronics and spent about 7 hours in bringing the sanctuary organ repairs up-to-date. We are very grateful to Thomas - the organ and the choir are so important to our worship.

**Note also: That Gail Fleming's date of death was Dec. 3, not Dec. 2 as reported in the bulletin.

Quote of the Day

When you get to your wit's end, you'll find God lives there.

ACC Calendar - January 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Year's Day 7:45 PM Bell Choir Rehearse	2 7:00 AM Prayer Group (Kelleys) I	3 5:00 PM *Yoga (SH) 7:30 PM *Folk Dancing 7:30 PM Choir Rehearse	4 9:00 AM Senior Center (SH)	5	6
7 8:45 AM Adult Study(CE) 10:00 AM Worship - Deacon's Breakfast 6:00 PM Meditation(FR)	8 7:00 PM Deacon's Meet 7:45 PM Bell Choir Rehearse	9 7:00 AM Prayer Group (Kelleys) 10:30 AM Duplic. Bridge 3:45 PM Children's Choir I 7:30 PM Church Council(FR) 7:30 PM Acting-Voice for all	10 3:45 PM Children's Choir II 5:00 PM *Yoga (SH) 7:30 PM *Folk Dancing 7:30 PM Choir Rehearse	11 9:00 AM Senior Center (SH) 5:30 PM Acting-Young People 6:30 PM Women's Potluck & Program(SH) 7:30 PM Ballroom & Circle Dance	12	13
14 8:45 AM Adult Study(CE) 8:45 AM Choir Warm-up 10:00 AM Worship 11:30 AM Knitting Ministry 11:30 AM – 2007 Budget 6:00 PM Meditation(FR)	15 Martin Luther King Day 7:45 PM Bell Choir Rehearse	16 SOUPER CENTER 7:00 AM Prayer Group (Kelleys) 3:45 PM Children's Choir I 7:30 PM Acting-Voice for all	17 3:45 PM Children's Choir II 5:00 PM *Yoga (SH) 7:30 PM *Folk Dancing 7:30 PM Choir Rehearse	18 9:00 AM Senior Center (SH) 5:30 PM Acting-Young People 6:30 PM Men's Dinner 7:30 PM Ballroom & Circle Dance	19	20
21 8:45 AM Adult Study(CE) 8:45 AM Choir Warm-up 10:00 AM Worship 6:00 PM Meditation(FR)	22 7:45 PM Bell Choir Rehearse	23 7:00 AM Prayer Group (Kelleys) 3:45 PM Children's Choir 7:00 PM Trustees 7:30 PM Acting-Voice for all	24 PARISHSCOPE 3:45 PM Children's Choir II 5:00 PM *Yoga (SH) 7:30 PM *Folk Dancing 7:30 PM Choir Rehearse	25 9:00 AM Senior Center (SH) 5:30 PM Acting-Young People 7:30 PM Ballroom & Circle Dance	26 6:00 PM Bridge Potluck & Play(SH)	27
28 8:45 AM Adult Study(CE) 8:45 AM Choir Warm-up 10:00 AM Worship 11:00 AM Congregational Meeting 11:30 AM Missions 6:00 PM Meditation(FR)	29 7:45 PM Bell Choir Rehearse	30 7:00 AM Prayer Group (Kelleys) 3:45 PM Children's Choir I 7:30 PM Acting-Voice for all	31 3:45 PM Children's Choir II 5:00 PM *Yoga (SH) 7:30 PM *Folk Dancing 7:30 PM Choir Rehearse			

Arlington Community Church

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SUNDAY, January 7	SUNDAY, January 14	SUNDAY, January 21	SUNDAY, January 28
8:45am - Adult Study 10:00am - Worship Deacon's Breakfast 6:00pm – Meditation & Healing	8:45am - Adult Study 10:00am – Worship Family Sunday Felicity Wright preaching 6:00pm – Meditation & Healing	8:45am - Adult Study 10:00am - Worship Steve Foss preaching 6:00pm – Meditation & Healing	8:45am - Adult Study 10:00am – Worship Congregational Meeting 6:00pm – Meditation & Healing

*****THE NEXT DEADLINE IS JANUARY 24TH FOR PUBLICATION IN THE JANUARY 30TH ISSUE*****
[Send *Parishscope* email to: pat@patricia-mclaughlin.net]

SPECIAL EVENTS		
Sunday, January 7	10:00am	Deacon's Breakfast
Sunday, January 14	11:30am	Spectrum – 2007 Budget
Tuesday, January 16	10:00am	Souper Center
Friday, January 26	6:00pm	Bridge potluck and play
Sunday, January 28	11:00am	Congregational Meeting
Friday, February 8	8:00pm	Mini-Concert - Alam Kahn